

Safe Sharps Disposal at Home

What Are Examples of Sharps?

- Syringes
- Pen and pump needles
- Lancets
- Infusion sets



These should all be disposed of according to the guidelines below: never throw loose sharps into the trash or toilet.

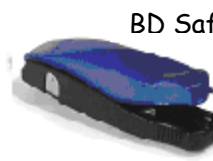
Disposing of sharps in a safe way can:

- Prevent the people close to you from becoming ill or injured
- Protect waste handlers
- Decrease pollution to the environment

How to Safely Dispose of Sharps

1) Use one of these:

- Rigid, puncture proof container such as an empty bleach or laundry detergent bottle
- Container that was designed specifically for sharps
- A BD Safe-Clip™ may be used to clip needles before putting in container



BD Safe-Clip™

2) Screw on the container cover and **tape** in place.

3) Label it: **"SHARPS - DO NOT RECYCLE."**

4) **If your town allows it, place the labeled container in the trash.**

Your town may prohibit you from disposing of sharps containers in the trash. Some towns and hospitals offer other options. Contact your town office or hospital for more information or NH Diabetes Education Program at (603) 271-7922 or 1-800-852-3345 x 7922. (NH Relay) 7-1-1